## 045 From Detail to Mind

## Dr. Carlos Blair

And I say good evening to you one and all. Well it is indeed a pleasure for me to have this opportunity of manifesting once again in this manner. I am Dr. Carlos Blair and it seems as though I don't believe you'll win any prizes as it were, for the singing abilities that's here but the spirituality is quite good. I just thought I'd throw that in-in case you thought you were the Tabernacle Choir.

It seems as though there isn't a great deal of time that has been left for the purpose this evening but I believe that I can cover a little bit of ground that I feel is vitally important to those who are manifesting at this time in a physical body.

It seems that man has found himself being caught up in what I refer to as that of not being in the mind level of consciousness but rather that in the material levels as well as that of the detail levels of his existence. Man by that I mean has simply found himself so materialistically involved that he has almost entirely over looked the importance of his own a-one-ness with God, as it were. And it is unfortunate indeed because the more that man finds himself involved in that type of concepts of thought and direction, the greater it is the pressure that's being placed upon your world and your society, because they have indeed shut away themselves from the God consciousness. It seems that all that God has given to man has been taken for granted and overlooked. It was not too many years ago in you world where man looked upon the gifts of God with great respect and admiration and indeed did cherish them. And I'm speaking now of that of the gifts of nature, as it were, that of Mother Earth, that of the great forests which you have, that of the natural resources, that of the animal life that was placed there for man's use. And still man for many years did not look upon these in a materialistic manner. He looked upon them as being placed there by God for his use and utilization for the furtherance of himself. And when man cut a tree whether it be your father, your grandfather, he did not cut it least there was definite need and then when he did, he planted two more in its place. He was aware and conscious of the needs to replace and replenish that which God had given him. He did not take from the land more food than was needed. He did not waste, he was in a consciousness of conservatism. He did indeed work with God hand in hand in his every day consciousness, rather than that of the materialistic as well as that of being detailed.

When I'm speaking about in a detailed world is that man is so involved with the details of everyday living that he has indeed even misused, as it were, the time that God has allotted to him. And what I mean simply by that is that man is the greatest of procrastinators. He looks upon all things as, 'I will do that one day.' If you say to him, "it is now time to come into God

awareness, God consciousness, into atunement with natural law", he'll tell you "oh yes, I'm going to start that next week". Or "I'm going to start that next month." And I know well of that because my medium is one who has, should at least, have a degree in that area of subject of procrastination. He puts it all off. And in reality man has, not God, separated time, when in reality there is no separation in time.

It seems as though that the medium isn't taking quite as good a care of the body as he might, then the throat would certainly work and be utilized better.

It seems that what I'm speaking of by his misuse of time is that man is separating it into that of the past, that of the now or present, as it were, and that of the future. When in reality it is all in one. The moment that passes, with each moment that passes, you are indeed experiencing the past, the future as well as the present or the now. And it is only the now that you have the opportunity to utilize, so don't get caught up in that which has been or that which may someday be. Think in terms of what you as an individual, on a God conscious level, can affect in you world at this given moment, at this given time. If you say "well next year I'm going to reflect and then live a little better life. I'm going to reach out more openly, more lovingly, to my fellow man, I'm going to stand with less prejudice as it were, I'm going to evolve on a spiritual level." Then next year gets here, next year will still be in front of you. It is indeed time for man to now come into his awareness of the importance of utilizing in a good sensible manner that which God has furnished. If it should continue as it has been there will indeed come that time when man has passed that period in your world because of his affects upon the land, the atmosphere, the very water you drink, the air you breath that it will not be possible for him to reverse it. He has little concern or little thought for the gifts that God has given to him freely.

Man comes into the physical body knowing beforehand that his primary purpose for entering it, is for that of spiritual growth. He sees it clearly. Yet when he finds himself in the flesh he becomes part of the material of the world and loses sight of his real purpose for entering. That is when misuse comes into play. God of course gives each individual free will of choice. The need is now, not in the future, for man to come into the full awareness of his responsibility for taking the proper steps to ensure that that which is best for all mankind be followed in accordance with God's plan.

I would tell you that you are not at a point in which you're going to find you world coming into a holocaust in all probability even in your period of being in the physical body. And with that I might say all of you could take a deep breath accept I'm afraid you might contaminate your lungs.

It is indeed time that man came into the awareness of his own responsibility, not only for himself but that of his fellow man and those who are manifesting around him.

It has been said by the great teacher 'to strive and work towards peace on earth and goodwill to all mankind.' We in spirit believe that should have been reversed. That indeed it should have been, "Goodwill to all mankind, you'll bring about peace on earth." What is needed more and so sorely in your world today is for man to be able to come into his awareness and a-one-ness with total inner peace. It is every individual's God given right, you are born into the physical body with it-you have the right to claim it and still man gets so involved with the gaining of success in man's eyes through the amassing of the things of the material, regardless at what expense that it involves, and so involved with the details of his daily life that heaven forbid he should change it at all. He must certainly arise at the same time each day, he must most certainly do the certain thing by the clock, as it were. And throughout his entire day he is so involved with detail that there is no time for thoughts of God.

As we in spirit have said so many times previously, that if man should want to truly know his own a-one-ness with God, that it would behoove him to set aside time at the very beginning of each day in his early waking moments before the mind has become all cluttered with the detail and all of the materialism. And at that time sit quietly and commune and get in touch with the vibratory levels of the God portion within. Through that you can realize for yourself that inner peace and inner a-one-ness that man wants more than anything else. That is what he is striving for, that is what he comes into the physical body for and then he loses sight of it from his consciousness.

There is not one here among you that does not have at your command the God given right and ability to immediately, by your own choosing, declare for your self inner peace. But to do so you must first declare the peace and goodwill to all of mankind. You have been taught since the time of children to love thy God with all thy heart, all thy mind and all thy soul, and to love thy neighbor as thyself. I find that most who are manifesting in the physical body material world today, has entirely misunderstood concepts of the meaning of those words. How could man possibly learn to reach out and love God which is intangible, which they cannot indeed see with the physical eye, if he hasn't yet, learned to love his fellow man, and how could he possibly love his neighbor if he hasn't yet learned to love the God portion of himself? Indeed love must begin within the individual. It must manifest in the form of loving of the God portion of self. And as you learn to love self, you can then know how to love your fellow man. And as you learn to love your fellow man you can indeed then know how to love the God consciousness of your universe.

If there were some way and there isn't, that those of us in spirit could bring about one single gift to all of mankind it would be inner peace. Man gets misled. He thinks that all the material will bring him happiness, it'll bring him the accolades of his fellow man, it'll bring him what his fellow man looks upon as being success. And then when he finally attains it he realizes that in reality it is empty.

Man goes forth in your world speaking of himself as that of being agnostic or that of an atheist. And he might tell himself that-that you place him up in, one of your hospitals. And he knows that within the hour he is going to undergo major surgery, I can assure you he will not be an atheist and he will talk to God. If you put him, and heaven and forbid, into the situation of the merciless wars that are taking place and he has fill of his own life, as it were, he will indeed then call upon God. If you attacked his physical wellbeing with problems of seriousness in health, eventually he will come to his knees and turn to God for health. Why does man, and excuse the expression, but sap-headed man, have to be so stubborn and blind that he must bring upon himself negativity of a catastrophic nature before he can see the fullness of the glory in finding his own a-one-ness with his God. That is indeed the only place wherein you shall ever find true peace. It is yours by your birthright.

Man cherishes the many freedoms that especially you have in this country in which you live, not in the country I'm from. But you do indeed have freedoms that man many years before you, put down in writing and referred to as the Bill of Rights. And he was so involved with those laws that man made, that there have indeed been many who have given their lives in protecting them and claiming them and yet, natural laws, God given laws that do not require sacrifice but indeed bring great abundance and reward. It is indeed mans for merely claiming it as his birthright, that of finding spiritual a-one-ness and inner peace, and he fails to look for it.

I would say to each of you before this day ends, consider within yourself what is of prime importance in your personal lives. Put it in the proper perspective. Do not make the things of the material of the world, as it were, being your prime importance. Allow the happiness, the total spiritual fulfillment that is by birthright yours, that of a spiritual awareness and a-one-ness, bringing forth goodwill to all man, thereby bringing forth peace on your earth. God Bless you all.

Now David, the Rock's a little nervous so I guess I better check the time. Yes, I thought so. Well I don't care, I'm going to allow for a few questions, as it were, pertaining to the subject that I have spoken on and I would ask that you limit it to that.

## (pause)

My goodness I did it again, I guess, David. Well, you know it is indeed always a pleasure for us here in spirit to have this opportunity of manifesting in this manner because it is through this opportunity that I have the opportunity to continue my spiritual progression. You see so many times those of you who sit in these classes say, "oh my goodness, it's so beautiful that we can have the teachings", but you realize also you're affording me the opportunity for my spiritual growth on this side. You see I haven't reached perfection yet, in case any of you have the ability to indeed see in the clairvoyance sense you're going to find I don't have any wings. Well maybe a halo but no wings. I'm teasing of course.

It has indeed been a pleasure for me to have this opportunity and as I leave the body I ask only that God pour forth his richest of all blessings upon each and every one of you. And may you ever walk in his light and know his love. But most of all may you be filled with his peace. God Bless you one and all.