## 038 The Comforter

## Dr. Carlos Blair

And I say good evening to you one and all. Well it is indeed a pleasure for me once again to have the opportunity of manifesting in this manner. And I am Dr. Carlos Blair. And it seems as though this indeed is a very jovial and special time of the year, an uplifting time in your world. And this evening because of that I would like to speak on the subject of the comforter, which I believe that from here in spirit we would have to look upon it as the greatest reason that man would have in a physical body for being thankful, as it were.

It has been written of and spoken of many times in your Bible as well as in throughout the whole of your world and it is been nearly as frequently misunderstood as to the true meaning of the comforter. The comforter of course was that which Christ promised, as it were, during the time of his ministry, to most especially the twelve disciples, his apostles, as it were, and he did say that in view of the fact that he would be leaving the physical body that they would not be left alone but instead that they would be receiving the Holy Spirit, that the Holy Ghost would come for the visitation and purpose of fulfilling the gap that was left by his physical absence. This indeed was not said once by him but was reiterated time and again. That they could indeed look forward to the receiving of the Holy Spirit, or as you refer to it, indeed, the Comforter.

Man in his concepts of thought pertaining to the reality of what the Holy Spirit or Comforter consists of and indeed is, is so far mislead. But it's difficult for him to be able to conceive, much less receive, the Holy Spirit. Most of you present here at this time have awareness of the teachings in the Bible which refer to the day of Pentecost. If you were to go to the varying religious and religious leaders in your world at this time and ask them as to what took place on the day of Pentecost when the twelve apostles indeed had gone into the upper room as it was referred to, to pray for direction and guidance and strength and upliftment, to be able to go forth to fulfill the responsibilities that Christ indeed had bestowed upon them. The average one that you refer to in your world as the clergy would not have the foggiest idea as it were, of the reality of what did indeed take place on the day of Pentecost in the upper room. And as they were praying they did indeed receive the Holy Spirit, which meant simply that those present through their prayers and meditations, through their own opening of their own awareness had raised their own vibratory levels high enough to touch into the next dimension as, you refer to it sometimes, to touch into the reality of all the many who were already in spirit, who were there for the purpose of giving guidance, direction and encouragement. And in that time they did indeed receive of the Holy Spirit.

If you are indeed a bible student you will be aware of the fact that those who looked upon it on this occasion, talked as though they could not begin to understand the goings on, because

those who were present there were speaking in unknown tongues. Those who were present there were speaking in languages and dialects that they had no knowledge of. There was indeed so much happening that those looking on thought they were drunken that early in the morning. It is not that far different in this time in which you live in a physical body. There are still the very few who have the full awareness of the meaning of the receiving of the Holy Spirit. And I'm not speaking on the level of myself or those of us here in spirit who are teachers being considered as God.

But rather, nothing more than God's spirit that is there for the purpose as best we can within the confines of our own limitations of spiritual evolvement, bringing forth the guidance and direction so that man in his quest in the physical body might indeed more easily, more directly, and more fully come into his own a-one-ness with his Godhead as it were. When man in the physical body comes into the fullness of his awareness of the existence and the ability, through raising his own vibratory levels, to transcend the veil as it's referred to at times, to be able to see clearly the reality of the existence of the spirit world. It is through that knowledge that man sets aside all of his misgivings about the change you refer to as death.

That is without question the one greatest single comfort that can be bestowed upon mankind while manifesting in a physical body, is coming into his own personal full a-one-ness and awareness of the reality of the continuation of life eternal, thereby removing the fear of death. That indeed is the comforter. That indeed is brought about through coming into an awareness, a spiritual awareness of the Holy Spirit.

It is not that of coming into the full awareness of your own a-one-ness with God. Jesus taught that the spirit will guide you, the spirit will be able to bring you all manners of truth. You will have no need for dismay. It was not until the day of Pentecost that those twelve came into their own awareness of what he had spoken of so many, many times prior to his crucifixion.

And even when he manifested himself after his own death in the form of a solid individual and did sit and eat and drink with them and allowed them to ask all manner of questions, even Peter as stubborn as he was, came into acceptance. Thomas who was the great doubter no longer had doubt. Even the one referred to as Judas came into his own awareness.

This promise was not made only to the twelve, the promise of receiving of the Holy Spirit and thereby receiving the Comforter was a promise that Christ indeed made to all of mankind for all time. When man has evolved in his own spiritual understanding where it is indeed a reality to himself, that the transition is only a vibratory change and another phase, another continuation of his existence, then he has indeed received the greatest of all comforters. If there is any one thing that the people on your earth at this special time in your world, in your country, especially, should be thankful for within their heart is the truth of that awareness.

So often times man is given the opportunity to receive in a very special way and yet as it was with the twelve, who were very human, who were afflicted with all of the human characteristics, did not appreciate what had been there with them until it was removed. Much of what they received directly from Christ at the time it was received did not have meaning or understanding for them. It was as they evolved individually in the varying spiritual levels that they came into the awareness of the beauty of the truths that this great one not only taught but indeed demonstrated. It is not a great deal different than that which you are participating in at this time. There is, I would have to say, in your world, less than one percent of the entire populous that has the opportunity of sitting in a situation such as this, wherein higher spiritual teachings and truths can indeed be received. And yet man and my medium is no different, when he was younger sitting in classes such as this with the great teacher called White Lily, he was as all human beings are, complacent about realizing the significance of the opportunity. And now when he finds himself being utilized as the instrument for the same purpose, he has come into his own awareness of the real importance that that period of time had within his own existence.

We in spirit are indeed thankful as those of you who are in the physical body are thankful. We in spirit are thankful for the opportunity of manifesting in this manner because by so doing it allows us to evolve in our own spiritual work and awareness. We are thankful indeed for this little church and for those of you that come to this little place to hear and listen to the teachings and even at the time when you hear them they may not fit into your own level of consciousness or understanding or awareness. Do not be concerned by it because you will find as time evolves, if it doesn't, is not understood now there will come that time when you will indeed see it clearly.

You have indeed in the connotation and in the sense that is spoken of so often in your Bible had had the visitation of spirit. If there is one wish that we in spirit could bring upon mankind as a total fulfillment it would be the wish that all could indeed receive of the Holy Spirit in their own spiritual awareness and evolvement so that it would by all means bring into being what man has so long longed for, that of peace on earth and goodwill to all of mankind regardless of their race, color, creed and understanding. Removing all negativity, all discord, dishonesty, disease and having nothing but the full awareness of God's love. God Bless you all.

And now I think I probably have, should have created a few questions as it were, so I'll open it to questions on the lesson.

(long pause). My goodness, yes.

Question: As you explained it-it's as important when we pray about people that are on this plane, it's also just as important to pray for people on your plane.

Dr. Blair: Most definitely, of course. I haven't arrived with my total a-one-ness with God yet. If I had I wouldn't be able to do this. Certainly. You know man and I don't- you know my medium, he loves the man who was the great writer you called Mark Twain. And one of his favorite statements pertaining to mankind was his reference was as "sap headed man" and in that connotation as it were, sap headed man seems to somehow think that the moment you make the transition-you know when our Uncle Charlie, he finally got out of the body. He made the transition he instantly became an angel, he became all aware and all spiritual and had an a-oneness with God immediately. Well I'm sorry they're gonna be disappointed if they think that because Uncle Charlie is just the same as Uncle Charlie was when he left the physical body a few moments after he's here in spirit. It is from there that he must grow spiritually and evolve once again toward the greater a-one-ness and awareness and a-one-ness with God. So it is not perfect here in spirit.

Question: And you go backwards in the body as far as your teachings go?

<u>Dr. Blair</u>: In the physical body can you go backwards? Yes but it is indeed very rare that one for the entire span of a lifetime would do so. Many who go into the physical body may go through certain segments of that incarnation in what we would call a process of regression, if they were to get caught up as it were, let's say in alcoholism and through that brought and inflicted great hurt and concern upon themselves as well as others, then that period of time would be looked upon as a period of regression, yes. But once they evolve beyond it and conquered it, as it were, for the most part the majority of time that man enters the physical body he does make at least some level of progression while there, yes.

Question: How many levels are there on the other planes, on the spiritual planes, could you describe them to me, how many levels are there?

Dr. Blair: Yes, I'll endeavor too. I have spoken on this previously. But it is what we refer to as the seven planes of life. And the first two are somewhat of the, what we would refer to as the darkened planes, not in darkness as you know darkness but that of being shut away from the light of God. So it is more in the grayness as you would refer to it. And the more evolved the individual becomes the more they become enlightened to God's light and love, and most who are manifesting in the physical body at this time are manifesting in the third and a few in the, what you would refer to as the lower fourth plane. Yes. But there are seven in all. I presently manifest in the fifth. I thought I better answer that before it got asked. Yes. The fifth plane is that which we refer to here in spirit as the teaching of teachers. That is indeed the plane where I am still under instruction. I am still learning from other teachers here that I have of a greater awareness and level than myself. However it is rather doubtful that I would never have to reincarnate, as it were, in the physical again for the purpose of bringing about my own fulfillment because now I've done it enough that I can do all the rest of it from this side. That

does not mean that I couldn't by choice choose to reenter the physical body, but after that last one I had I don't think I'll bother with that either. But none the less it is the plane at which we have evolved to where there's very little for us to accomplish by reentering of the physical again. But this is part of my privilege as being a teacher in this manner, is, it is also part of my opportunity to make spiritual growth and understanding myself.

Question: You made a comment as someone asked you and you were talking about the passing through, the comment was 'it's not perfect on this side either,' what do you mean by that, is there hunger?

<u>Dr. Blair</u>: Not in that connotation not at all, but when I say perfect it is not in the fact that, there are levels in spirit not in the fifth plane but there are levels in spirit where there is indeed the suffering, there is indeed the being shut away from God's Light as it were, there are imperfections, much the same as there is in your world. When you first make the transition from the physical into the spiritual, rarely is the individual making the transition really aware as to when they have completely left the physical body behind and have taken on the spiritual body, because the similarity is so great. Besides that they're so caught up in reminiscing, as it were, with all the ones who have passed before them that they don't even have thought of the fact that they've left the physical behind.

Question: Why do we have such great fear?

<u>Dr. Blair</u>: Because man does not understand. That's what I spoke about this night. For the most part man does not have the proper concepts as to what the comforter is all about. And man fears that he's going off into this period of oblivion. You see the one who calls himself the Christian in your world, who says he's created this place called heaven and he's also created that one called hell. And by far the odds are in his, not in his favor. He's pretty certain he's going to the one called hell. And so he isn't in any hurry to get there. And he's fearful even if he's done it pretty well. He can always look back and think of those few times when didn't do it quite as well as maybe he should've and he wonders, "am I going to be condemned to that awful place," so he's fearful. It's a fear of what you call the unknown. But through spirit and through man being able to raise his vibratory levels highly enough to be able to see spirit while he's yet in the physical body and find for himself the personal proof that indeed life continues on, then that is the Comforter in itself, because then that dreaded fear is removed.

Response: I didn't mean for the question to sound as though I did not listen. I simply do not understand the fear of death. I don't understand why others fear that.

<u>Dr. Blair</u> :	That's because yo	ou didn't acce	pt the normal	connotations	of the place	called hell
either.						

Response:	
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<u>Dr. Blair</u>: It isn't tolerance at all. It is just a mere fact, as it were. Yes.

Question: I feel like I have been here a long, long time and I'm very\_\_\_\_\_.

Dr. Blair: So does my medium and I'll tell you something honey, he has!

Response: I'm very eager to pass over into spirit world. I feel that I will do so when I have completed my journey here on earth. It's like graduating from school.

<u>Dr. Blair</u>: That's right but don't get into college before you're prepared because if you didn't pass in high school you're goon have to go back and do it over. Well it's kind the same way, don't get over here before you get it all done over there because if you do you have to turn around and go back and finish it. You see that's the only thing that keeps the old boy in the body. When he finds that he has all the fretting and stewing to do you know he says, "hey God why don't you just take me on home, let me out of this". And then he says," no don't do that, cancel, because if you did, I'd have to come back and do it again and it might be worse." Yes.

Question: The medium always talks of guides and teachers, is everyone equipped with those spirits around them or is it only a person that is capable of getting to a level, a higher level?

Dr. Blair: Not at all. Indeed every individual manifesting in a physical body has many which are commonly referred to as a band of teachers and guides, and for the most part just for the sake of your feeling comfortable with a figure as it were, I would say at least upwards of thirty or more, and each one is there for a specific and given purpose to be able to uplift, help, guide and direct that one in the physical body and they're there doing it whether you have the ability to raise your vibratory levels to where you have the definite awareness of their presence or not. They're still there. Yes. And you all have it and the levels are manmade not God made, you know. When they talk about the guide, the teacher, the master teacher, the great master, the-and so on it goes. Then that is all manmade. Over here they haven't had anyone call me master yet. There's many in the physical body who do though, you see. And it's not-we don't have concern for those things here. It is not a thing of levels of, what should I call it, rank, as it were. But it's alright, you can call them guardian angels if you like. Cause we're that, we don't have wings, we don't need 'em. But we are indeed guardian angels as the term is referred to and properly interpreted, because we're there to guard you in all things and we hopefully are somewhat angelic in nature. Yes.

Question: Um, of the other jobs, I mean there's, if there's say thirty spirits around you what are some of the other jobs, other than teaching that they would perform?

<u>Dr. Blair</u>: Well such as, today my medium had to work very hard on his spirituality because he was driving the missus' car and he stopped it and turned it off and the thing you call, what, the switch wouldn't work. So he couldn't get it to go again. And he fiddled with it and got quite

exasperated and in fact was talking an awful lot to God about it. Finally in his frustration Linda looked to him and said why don't you have Jimmy fix it. And about that time it worked. And he said, "why didn't you say so twenty minutes ago?" You see. But Jimmy is with him for the purpose of the things that involve the mechanical or electrical, things of that nature. And he doesn't come forth as a teacher as such though. Do you understand, as far as giving spiritual instruction. And we're referred to as teachers predominately because of giving instruction. Yes.

Response: I understand, thank you very much.

Now David, how's the time? The Rock's so nervous he's about ready to shake me out of the body I think. No it's a lot after, what is it? Alright. I'll have to...alright.

Well I best leave, I best take leave of the body. It has indeed been a pleasure to have this opportunity once again, of manifesting in this manner. I know that there's not one of you here that does not within himself has many, many reasons to in great truth look toward your Creator, that of God Almighty with great love, with great respect, admiration and thanksgiving in his heart. While your abundance may not be as you would like, remember that it is much greater than many others. On this special time it is well referred to, as the time of Thanksgiving.

And as I leave I ask only that God pour forth his richest of all blessings upon each and every one of you. May you ever walk in his light and know his love but most of all may you be comforted and filled with his peace. God Bless you one and all.